



**A cross country 5k race series which consists of 5 races
between April and September.
Second event: Thursday, 4th May 2017**

*UK: A Licence Number: TRA permit 992
This event is being held under UK Athletics rules*

HQ: The Long Arms, Steeple Ashton, **BA14 6EU**. where numbers will be distributed.

Starts at 19:00 from Butts Lane in Steeple Ashton and passes along the White Horse Trail to East Town Farm and back.

Outward route:

Run straight down the wide grassy track to a signpost on the left and turn left. Cross the field to a wooden bridge, cross it and turn right. Keep straight on along the right hand side of the field. The route is along a winding trail which arrives at a junction. Turn right and start a gentle climb up to the turning point, where you will find a marshal.

The return route retraces the outward route:

From the farm buildings (the turnaround point) follow a winding track which proceeds on down hill to a junction of tracks. Turn left here along the track. Follow this track. Cross a bridge (a couple of planks) and continue along the track. Follow the footpath and the track across the field. At the end of the field you should see a sign. Turn right here and follow the lane. The finish is at the start of Butts Lane in Steeple Ashton.

This is a series of 5 races to be held on:

- Thursday, 13th April 2017 - *permit TRA 909*
- **Thursday, 4th May 2017 - permit TRA 992**
- Thursday, 1st June 2017
- Thursday, 6th July 2017
- Thursday, 14th September 2017

A [Virtual run of the return route](#) is available on the website as is [a film of part of the route](#) which was shot for the White Horse Relay. This film extends past the finish of this event into and across Steeple Ashton

Sign up on line via [Entry Central](#) at <https://www.entrycentral.com/5x5x5May>

Website: avonvalleyrunners.org.uk/index.php?page=steeple-ashton-5x5x5-2